

COCKTAIL MENU



Le Bistrot De Janz

INTERCONTINENTAL TABLE BAY CAPE TOWN



If our menu is flirting with your vision, just wink at your server for a magnifying glass.

CHAMPAGNE COCKTAILS



French 75

Malfy Limone gin, grapefruit &
lime oleo, brut bubbles

R175

Death in the afternoon

Field of Dreams absinthe, brut
bubbles, citrus

R160

Kir royale

L'heritier- guyot dijon crème de cassis,
brut bubbles

R160

MARTINI STYLE



Sidecar

Martell VSOP, lemon, sugar, Ricard pastis

R145

Slightly dirty martini

Tanqueray No. 10, Aframisia cap dry
vermouth, olive oil, forage & feast
prosecco vinegar

R135

Corpse reviver No. 1

Tanqueray gin, Lillete Blanc, orange
liqueur, citrus

R150

Naartjie margarita

Sango blanco Tequila, KWV van der hum,
lime, sea salt

R150

Ivory espresso rumtini

Bumbu rum, espresso, Amarula, Kahlúa

R145

TALL DRINKS



Honey bush highball

Caperitif, honey bush cordial, soda

R140

Cape cup

Inverroche amber gin, raspberry, citrus,
cucumber, soda

R110

Cape of storms

Cazadores reposado tequila, peach,
citrus, Aperol, soda

R150

Aperol spritz

Aperol, Cap Classique, orange, soda

R165

SHORT DRINKS



Rooibos spice punch

Ricard pastis, Joseph Barry VS brandy,
Old Brown sherry, pineapple, spice

R140

JAN's citrus sour

Forage And Feast Mandarin Marmalade,
orange liqueur, whey,
Boplaas single grain whiskey

R120

Old – Fashioned

Blanton's bourbon, sugar, rooibos
aromatic bitters, orange

R110

Negroni

Wilderer fynbos gin, cocchi amaro,
Campari, orange

R150



MOCKTAILS



Citrusdal

Abstinence Cape fynbos, citrus, passion fruit, whey

R105

Elgin cooler

Abstinence Cape floral, pear, lime, apple, cinnamon

R105

Cape cup

Raspberry, cucumber, citrus, soda

R85

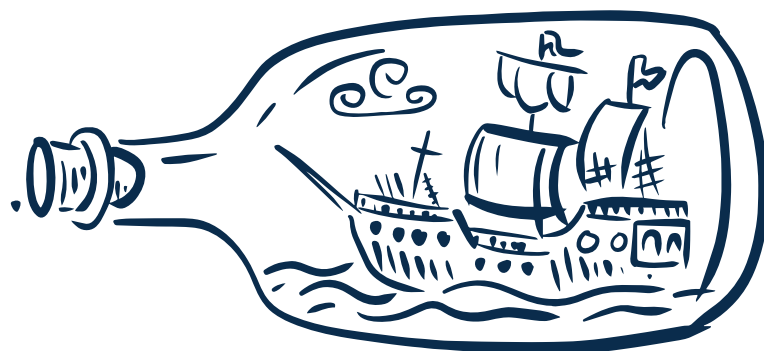
JAN's citrus sour - non

Forage And Feast Mandarin Marmalade, orange liqueur, whey, orange juice

R85



BAR



Le Bistrot De Janz

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SOFT DRINKS

San Pellegrino still 750ml	R75
San Pellegrino sparkling 750ml	R75
Coke	R35
Coke zero	R35
Soda water Fitch & Leedes	R35
Tonic water Fitch & Leedes	R35
Tonic water Fitch & Leedes sugar free	R35
Lemonade Fitch & Leedes	R35
Dry lemon Fitch & Leedes	R35
Ginger ale Fitch & Leedes	R35
Ceres tomato cocktail	R85
Appletiser / Grapetiser	R65
BOS Berry Iced Tea	R55
BOS Peach Iced Tea	R55
BOS Lemon Iced Tea	R55

COFFEE

Espresso single	R38
Espresso double	R40
Americano	R42
Cortado	R40
Café latte	R42
Cappuccino	R42
Flat white	R42

TEA

Ceylon tea	R38
Rooibos tea	R38
Forage And Feast specialty teas <i>ceylon blend black tea, rooibos, green tea, earl grey tea blend, rooibos and ginger, honey flavoured rooibos and chamomile or vanilla chai tea.</i>	R38



BEERS

DRAUGHT

Devil's Peak	R60
King's Blockhouse 330ml	

BOTTLED

Castle Lite	R50
Stella Artois	R50
Heineken	R55
Corona	R60



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SPIRITS



Whisk(e)y

Glenfiddich 12-year	R90
Jameson select reserve	R70
Blantons bourbon	R75
Makers Mark	R75
Sazerac Rye	R75
Oban 10-year	R90
Oban 14 Years – Highlands	R180
Lagavulin 16 – Islay	R220
Macallan 15 Year – Speyside	R300
Lagavulin 12-year	R170
Boplaas single grain whisky – local	R45
Highland Park 12-Year – Isle of Orkney	R105

South African Brandy

Van Ryn 12-year	R65
Joseph Barry muscat	R55
KWV 15-year-old	R105
Avante XV 25-year	R180

Rum

Bumbu original	R55
Bacardi carte blanca	R45
Bacardi 8-year reserve	R60

Vodka

Absolut vodka	R40
Grey Goose vodka	R85
Belvedere	R70

Cognac

D'usse Cognac	R75
Martell Blue swift	R120
Martell VSOP	R320
Camus XO	R320

Digestive

Fernet Branca	R25
Averna amaro	R35
Absinthe Field of dreams	R75
Chartreuse green	R110
Chartreuse yellow	R110

Vermouth

Caperitif	R50
Cape aframisia dry	R35
Lillet blanc	R40
Lillet rose	R40

Tequila

Patron blanco	R95
Patron anejo	R135
Don Julio reposado	R135
Herradura reposado	R65
Sango agave blanco – local	R45
Don Julio Blanco	R100
Mezcal Alipus (San Juan)	R110





Liquers

Amarula	R20
Baileys Irish Cream	R30
Amaretto Disaronno	R45
Drambuie	R55
Frangelico	R35
Kahlua	R40
Malibu	R40
Tia Maria	R35
Cointreau	R20
Butlers Peppermint Liqueur	R25
Fernet Branca	R30
Averna amaro	R30
L'heritier- guyot Dijon	
creme de cassis	R45
Bulters triple sec	R25
KWV van der hum	R45
Old brown sherry	R30
Angostura bitters	R15
Wilderer – Williams Birne	
(Pear Eu de vie)	R45

Aperatif

Cocchi Amaro	R45
Cocchi Rosa	R45
Cocchi Extra Dry	R55
Antica Formula	R50
Caperitif	R50
Cape aframisia dry	R35
Lillet blanc	R40
Lillet rose	R40
Aperol	R45
Ricard pastis	R35
Campari	R40
Absinthe Field of dreams	R75

Non Alcoholic

Abstinence Cape floral	R40
Abstinence Cape fynbos	R40

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International gin

Tanqueray original	R40
Tanqueray No.10	R65
Bombay sapphire	R45
Malfy Gin	R50
Malfy Limone	R50
Sipsmith	R50

Local gin

Inverroche amber	R60
Wilderer fynbos	R50
Victoria pink	R50
Abstinence	
Cape Fynbos Gin	R40

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WINE LIST



Le Bistrot De Janz

INTERCONTINENTAL TABLE BAY CAPE TOWN



MY JOURNEY WITH WINE

From the very beginning of my culinary journey, wine has been a storyteller, a companion, and often the thing that unlocks a dish's deepest intention. In the early days I was mostly curious: tasting and learning how a single grape could express the personality of a place, a season, even a memory. As my world expanded and I got to experience the joy of travel, that curiosity grew into a deep respect for the craft, the places and the people behind each bottle. I realised that I wanted to create wine that reflected the same values that shape my cooking: honesty, heritage, and just a touch of adventure.

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JAN RED BLEND 2023

Shiraz Grenache Mourvèdre
by Zevenwacht

Whenever I open a bottle of this wine I'm transported back to Stellenbosch where I took my first steps into the wonderful world of wine and all its glorious complexities. Pour it into an ample glass and bring it up to your nose. You might pick up some appealing aromas of cranberry, black berry, plum and hints of peppery spice. Then, when you take that first sip, dark fruit and subtle tannins encased in an elegant oak give the structure of this wine a somewhat headier quality.

JAN Shiraz Grenache Mourvèdre 2023 has been named one of the Top 10 wines in the 2025 Signature Red Blend Report by Wine Magazine.

JAN WHITE 2024

Chenin Blanc Viognier Semillon Chardonnay Roussanne
by Zevenwacht

There's an elegance to this wine that feels both nostalgic and refined, with layers of quince, white pear and citrus unfolding gently, lifted by delicate floral notes and a subtle whisper of oak spice. On the palate, it remains bright and focused, the lively acidity seamlessly balanced by a creamy mid-palate that slowly melts into a long, savoury finish.

It's a wine that captures a sense of place and memory, and the quiet magic of a beautifully crafted sip.

JAN Chenin Blanc Viognier Semillon Chardonnay Roussanne has been awarded 4.5 stars in the 2025 Platter's Wine Guide by Diner's Club International.

JAN ROSÉ 2025

Grenache Mourvèdre Cinsault Shiraz
by La Motte

The newest wine in the JAN Wine collection, JAN Rosé 2025 is a blend of Grenache, Mourvèdre, Cinsault and Shiraz, and is inspired by the Mediterranean's effortless love affair with rosé. It's a wine made for lingering afternoons and shared plates, just as suited to oysters on the Côte d'Azur as it is to a generous cheese board in the Cape winelands and everything in between. Remarkably rounded on the palate for a dry rosé, it offers vibrant aromas of melon, grapefruit and nectarine, with a delicate hint of candy floss in its youth that adds a playful touch. The lingering finish unfurls with fresh nectarine notes, inviting another sip.

Rosé isn't just a drink, it's a state of mind.



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CAP CLASSIQUE



Pieter Ferreira Birdsong Rose

R790

100% Pinot Noir – 77 months on lees

2018 - WO Western Cape

Raspberry – sour cherry – concentration – fine bubble – dry finish

Colmant Cap Classique Blanc de Blancs

G B
R140/ R850

100% Chardonnay

NV – WO Western Cape

Fresh citrus - brioche notes – focused – dry finish

Silverthorn The Green Man Blanc de Blancs

R870

100% Chardonnay

23 months on lees – 15% barrel fermentation

2022 - WO Robertson

Baked apple – mineral - fine bubble – dry finish

CHAMPAGNE



Drappier Brut Nature NV

R1 900

Pol Roger Brut Vintage - 2018

R4 100





WHITE



JAN

Chenin Blanc | Chardonnay | Viognier | Semillon | Roussanne
Barrel fermented – 15% new oak – 4 months on lees
2025 – WO Stellenbosch
Apricot – nectarines – oak spice – lingering finish

G B
R80 / R400

TSW Sauvignon Blanc

2025 – WO Cape South Coast
Vibrant – saline – green apple – elderflower

G B
R75 / R350

Wild Air Sauvignon Blanc - Barrel fermented - 6 months on lees

R580

2024 – WO Hemel -en -Aarde
Quince – gooseberry - textured – fresh

Miles Mossop Chapters Sauvignon Blanc - OVP vineyards

R670

Barrel fermented – 11 months on lees
2023 – WO Stellenbosch
Lemongrass – green fig – pithy finish

Paulus Wine Co Bosberaad Chenin Blanc

R790

Barrel & concrete fermented – 12 months on lees
2024 – WO Swartland
Apricot – pear – fresh – powerful – salty finish

Van Loggerenberg Trust Your Gut Chenin Blanc

R780

OVP vineyards – barrel fermented – 10 months on lees
2024 – WO Western Cape
Lemon – blackcurrant leaf - wet stone – pithy finish

Lourens Family Wines Skuinskap Chenin Blanc - OVP Vineyard

R900

Barrel fermented – 10 months on lees
2024 – WO Piekenierskloof
Peach – citrus – straw – linear finish



David & Nadia Skaliekop Chenin Blanc

R1 900

OVP Vineyard - barrel fermented

2024 – WO Swartland

Lanolin - stone fruit - citrus – racy acidity - mineral - precise - long textured finish

Joostenberg Fairhead White Blend

R480

Chenin Blanc | Roussanne | Viognier | Alvarinho

2024 – WO Paarl

Certified organic – terracotta, concrete & barrel fermented – lime – honeysuckle - fresh – long finish

Blankbottle Orbitofrontal Cortex – 12 variety white blend

R670

2024 – WO Western Cape

Barrel fermented - lime – orange peel – wildflowers – refreshing – mineral core – long finish

Thorne & Daughter's Rocking Horse

R700

Roussanne | Chenin Blanc | Chardonnay | Semillon Blanc | Clairette Blanche

2023 – WO Western Cape

Barrel fermented – layered – textured – jasmine – peach – flinty – long rich finish

Rall White – Chenin Blanc | Verdelho | Viognier

R800

2024 – WO Western Cape

Barrel, foudre & concrete egg – flint – citrus – chamomile – vibrant – textured finish

AA Badenhorst Family White – 9 variety white blend

R880

Foudre fermented – 10 months on lees

2022 – WO Swartland

Spice – tea - stone fruit – rich – complex – long finish

Julien Schaal Mountain Vineyards Chardonnay

G B
R80 /R440

Partially barrel fermented

2024 – WO Elgin

Ripe pear – orange blossom – green apple – creamy texture – mineral finish

Hogan Galvanised Chardonnay

R660

Barrel fermented – 10 months on lees

2024 – WO Stellenbosch

Floral – herbs – citrus – wet stone – structured finish



Restless River Ava Marie Chardonnay

R1 200

Barrel fermented – 10% new oak – 12 months on lees
2022 - WO Upper Hemel-en Aarde Valley
Lemon – oatmeal – layered flavours - long pithy finish

Storm Ridge Chardonnay

R1 550

Barrel & clay fermented – 25% new oak – 11 months on lees
2024 – WO Hemel-en-Aarde Ridge
Pink grapefruit – lanolin – electric acidity – concentrated – saline finish

Kershaw Wines Clonal Selection Chardonnay

R1 600

Barrel fermented – 54% new oak – 11 months on lees
2021 – WO Elgin
White fruit – spiced poached pear – oatmeal – chalk texture – incisive acidity

ROSÉ



JAN

G B
R75 / R380

Rosé | Grenache | Mourvèdre | Cinsault | Shiraz
2025 - WO Western Cape
Jasmine – melon – Turkish delight – mineral – elegant – bone dry finish

Van Loggerenberg 'Break A Leg' Blanc de Noirs – 100% Cinsault

R330

2023 - WO Stellenbosch
Light – vibrant – aromas of potpourri – salty finish





RED



Catherine Marhsall Pinot Noir on Clay Soil

2024 – WO Elgin

Medium bodied – sour cherry – forest floor - textured – layered - smooth finish

G B
R120 / R620

Saurwein Nom Pinot Noir

R1 100

10 months in new & old 228L barrels

2024 – WO Elandskloof

Dark fruit – rosehip – lifted cocoa – savoury freshness – fine tannins

Storm Ignes Pinot noir

R1 550

12 months in 28% new 228L barrels

2023 – WO Upper Hemel-en-Aarde Valley

Ethereal – wild strawberry - cinnamon – mineral – detailed tannin – precise

Craven Cinsault

R520

OVP vineyards – destemmed – 6 months in concrete

2024 – WO Stellenbosch

Bright fruit – juicy – spice - chalky tannins

Momento Paardeberg Grenache Noir

R790

30% whole cluster – 12 months foudre

2023 – WO Swartland

Pomegranate – cranberry – crunchy tannins – light – elegant – dry finish

David & Nadia Grenache Noir

R1 100

50% whole cluster - 12 months 500L old barrels

2023 – WO Swartland

Wild strawberry – spice – pure – fresh – fine tannins

JAN Red – Syrah | Grenache | Mourvèdre

G B
R80 / R400

12 months 15% new 500L barrels

2023 - WO Stellenbosch

Blackberry – white pepper – juicy – spicy – hints of oak

Swerwer Red – Grenache noir | Cinsault | Tinta Barocca

R520

Partial whole cluster | 11 month in foudre

2023 - WO Swartland

Wild Strawberry – black cherry – fynbos – black tea – fresh finish



Scions of Sinai Feniks Pinotage

R790

OVP vineyard – partial whole cluster – 12 months old barrel
2024 – WO Stellenbosch
Plum – red cherry – stony - structured - grippy

Beeslaar Pinotage

R1 350

Destemmed – 20 months 50% new barrels
2023 – WO Stellenbosch
Black cherry – cedarwood – spice – velvety cocoa – long finish

Van Loggerenberg Breton Cabernet Franc

R850

20% whole cluster – 11 months old barrel
2024 – WO Stellenbosch
Muscular – black cherry – damson - concentrated – precise finish

Vuurberg Reserve Red – Petit Verdot | Cabernet Sauvignon | Cinsault

R620

18 months in 225L barrels
2019 – WO Western Cape
Dark brooding fruit – bold – blackberry – graphite – rosemary –
layered – muscular

Blankbottle Confession of a White Glove Chaser

R825

Cabernet Franc | Cabernet Sauvignon
18 months 25% new 225L barrels
2022 – WO Stellenbosch
Bramble berry – cassis – spice – refined – graphite finish

Boschkloof Conclusion

R950

Cabernet Sauvignon | Cabernet Franc | Merlot | Syrah
20 months 35% new 225L barrels
2022 – WO Stellenbosch
Blueberry – mixed herbs – cigar box – big mid palate – long finish

De Trafford Cabernet Sauvignon

R1 100

23 months 35% new barrels
2020 – WO Stellenbosch
Blackcurrant – fruitcake – herbal notes - soft rich tannins – long finish

Mvemve Raats de Compostella

R4 000

Cabernet Sauvignon | Cabernet Franc | Malbec | Merlot | Petit Verdot
24 months 15% new barrel
2022 – WO Stellenbosch
Ripe black fruit – sweet cedar – graphite – nutmeg – oak spice –
firm – chalky tannins



Boschkloof Syrah

R630

14 months 15% new 225L barrels

2024 – WO Stellenbosch

White pepper – red fruit – fynbos – well balanced – long finish

Trizanne Signature Wines Elim Syrah

R770

10 months partial new & old barrels

2024 – WO Elim

Intense spiciness – bitou berries – black cherry – elegant palate – velvety tannins

Rall Ava Syrah

R1 375

100% whole cluster – 11 months in concrete

2024 – WO Swartland

Fynbos - liquorice – tarragon – olive tapenade – black tea – dense – firm tannins

Luddite Shiraz

R1 900

24 months 15% new barrel

2021 – WO Botriver

Bold - heady – blackberry – liquorice – textured - long finish

SWEET



Joostenberg Noble Late Harvest – 100% Chenin Blanc

G B
R180 / R480

2024 – WO Paarl

Organically certified -whole bunched pressed – 8 months in old barrel

Ripe apple – tarte tatin – long fresh finish

BLANKbottle Frostbite at Westpeak – 100% Sauvignon Blanc

R1 250

2024 – WO Elgin

Vine dried grapes – saffron – beeswax – peach – apricot – vibrant acidity



INTERNATIONAL



Triennes IGP Méditerranée Rosé 2024	R870
Ultimate Provence Rosé 2024 – Cote de Provence	R1 250
Luneau-Papin Muscadet L d'Or 2022 – Loire	R1 100
François Crochet Sancerre Blanc 2023 – Loire	R1 300
Guiberteau Saumur Brézé 2018 - Loire	R2 500
Bel Air Bourgueil Vingt Lieux Dits 2022 – Loire	R1 100
Bachelet-Monnot Bourgogne Côte d'Or Blanc 2022 – Burgundy	R1 500
Gilbert Picq Chablis 1 Cru Vosgros 2021 – Burgundy	R1 700
Bachelet-Monnot Puligny-Montrachet 2022 – Burgundy	R3 200
Michel Lafarge Bourgogne Pinot Noir 2020 – Burgundy	R1 300
Henri Gouges NSG “Les Pruliers” 1er Cru 2019 – Burgundy	R4 900



Château Thivin Côte-de-Brouilly 'Les Sept Vignes'
Beaujolais

R1 200

Pégau Châteauneuf-du-Pape Cuvée Réservee
2021 – Rhone

R2 500

Nicolas Champagneux Côte-Rôtie Les Grandes Places
2019 – Rhone

R3 600

L'Esprit de Chevalier P-Léognan Rouge
2020 – Bordeaux

R1 700





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