



# JAN VOYAGE

OCTOBER 2026  
LIGURIA, ITALY





# YOU'RE ABOUT TO EMBARK ON AN EXTRAORDINARY ADVENTURE

Join me for a CULINARY and LIFESTYLE RETREAT in Liguria, Italy.



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SCAN THIS SPOTIFY CODE TO  
ENJOY OUR MAY VOYAGE PLAYLIST



PLAYLIST: JAN VOYAGE BY DAY



# WHY VOYAGE?

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The JAN VOYAGE stands as a testament to the power of a single invitation, igniting a passion for travel and unforgettable experiences that has blossomed into an annual tradition. What began as a journey through Paris and Champagne with Jackie Burger and a select group of guests has evolved into an embodiment of travel at its finest. Rooted in the belief that life's moments deserve to be adorned with beauty and wonder, each JAN VOYAGE is a symphony of curated experiences that exceed the ordinary. Our team, diverse in talents and united in a shared love for exploration, is dedicated to crafting moments that linger in memory long after the journey ends. We pour our hearts into every detail, ensuring that each traveler is swept away on a journey of a lifetime, where every corner turned reveals a new delight and every encounter leaves an indelible mark.

Join us and discover the magic of JAN VOYAGE, where the extraordinary becomes the norm.

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WHEN LIFE GIVES YOU LEMONS,  
DEVELOP NEW FRIENDSHIPS  
AND MAKE LIMONCELLO.



# GO WITH ME, SOMEWHERE.

ITALIAN CULINARY AND LIFESTYLE RETREAT  
WITH JAN HENDRIK VAN DER WESTHUIZEN AND HIS TEAM  
IN LIGURIA, ITALY, CELEBRATING THE BEST OF SPRING.

*Set in the hills of the Nervia Valley, with over 1000 years of history and surrounded by unspoilt nature,  
the magical medieval hilltop village of Apricale awaits.*

You'll stay in a newly renovated historic building, featuring all south-facing rooms thoughtfully designed with luxurious touches and sun terraces. From here, enjoy panoramic views of the valley with its olive groves, rivers, waterfalls, and medieval hilltop villages. Conveniently located near the Cote d'Azur, Monaco, and local villages, you can also indulge in a Turkish bath, sauna, and a heated pool to relax and bask in the Ligurian sun. Elegant and comfortable living areas ensure there's always a quiet corner to retreat to before stepping into the carefully crafted world of the JAN experience, which includes:

- Culinary masterclasses by Jan Hendrik
- A lunch at Restaurant JAN
- Local food experiences
- Local market visits
- Dinners amongst the hilltops of Apricale
- Sommelier-hosted wine tasting
- Pergola, rooftop and terrace lunches
- Gnocchi making classes
- Kitchen, garden and outdoor events
- Breakfast in bed
- All experiences captured by our tour photographer
- Other masterclasses by team members of the JAN group
- Exclusive dinner experience at Jan Hendrik's personal residence in Apricale
- Lunch at Le Bistrot De JAN, Nice
- Advanced wellness workshops

## WELLNESS PROGRAMMES

We're excited to share a transformative experience that focuses on rejuvenating both body and mind. Each morning, you'll start your day with invigorating breath work and movement therapy, including pilates sessions designed to enhance your flexibility, strength, and overall well-being.

As part of our holistic approach to wellness, we encourage guests to be able to comfortably complete a 3 km hike with an incline. Many of our events will feature a scenic hike, making walking an integral part of your journey with us.

*Join is for daily sessions in movement and mindfulness*

- Breathwork - more than just air
- Balance - simple but significant
- Fascial hydration and lymphatic flow
- Core - keeping it all together
- Digestion - food for thought
- Posture - onwards and upwards

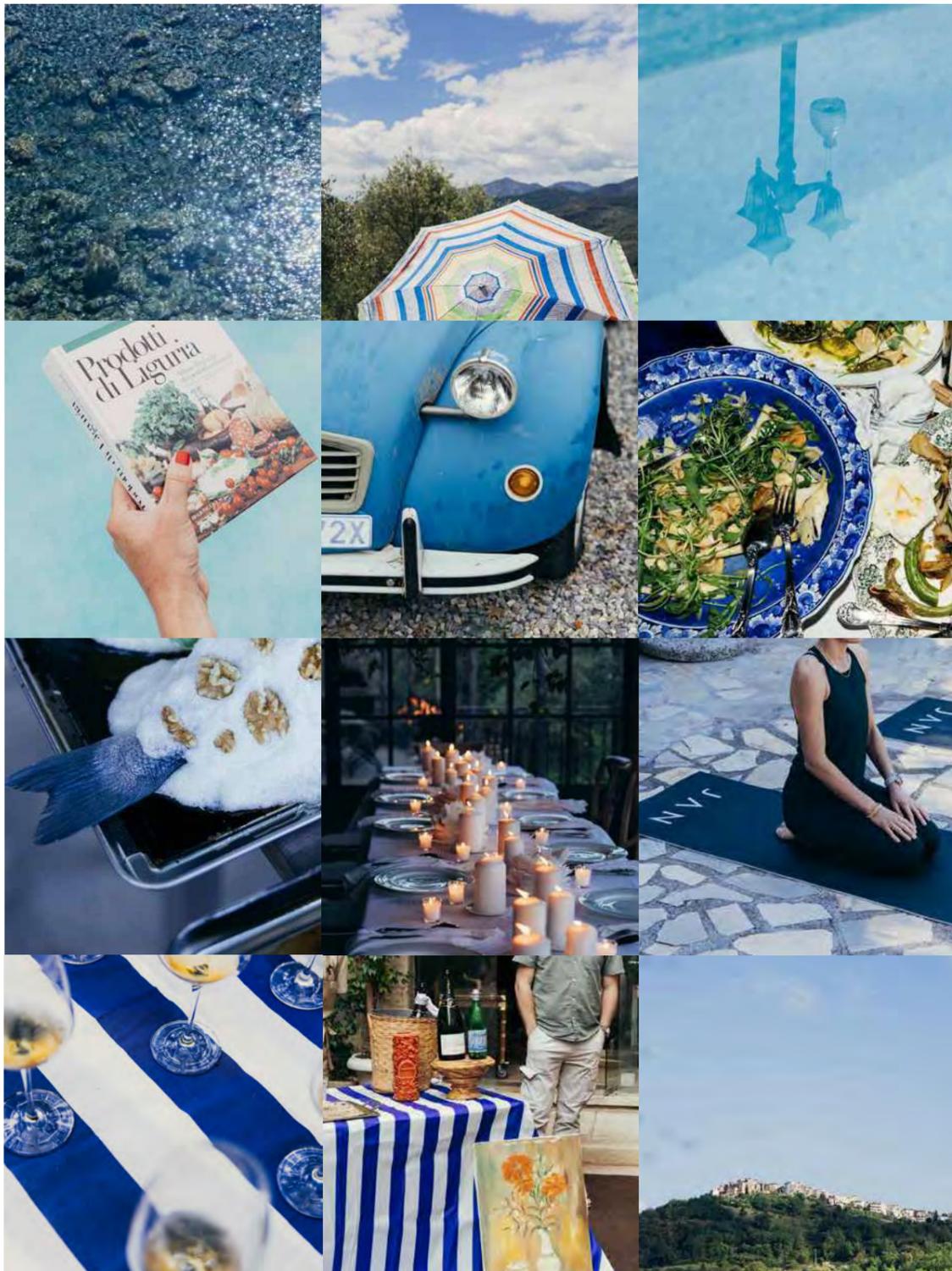




RED AND ROSIE. ROSÉ. REGINA.



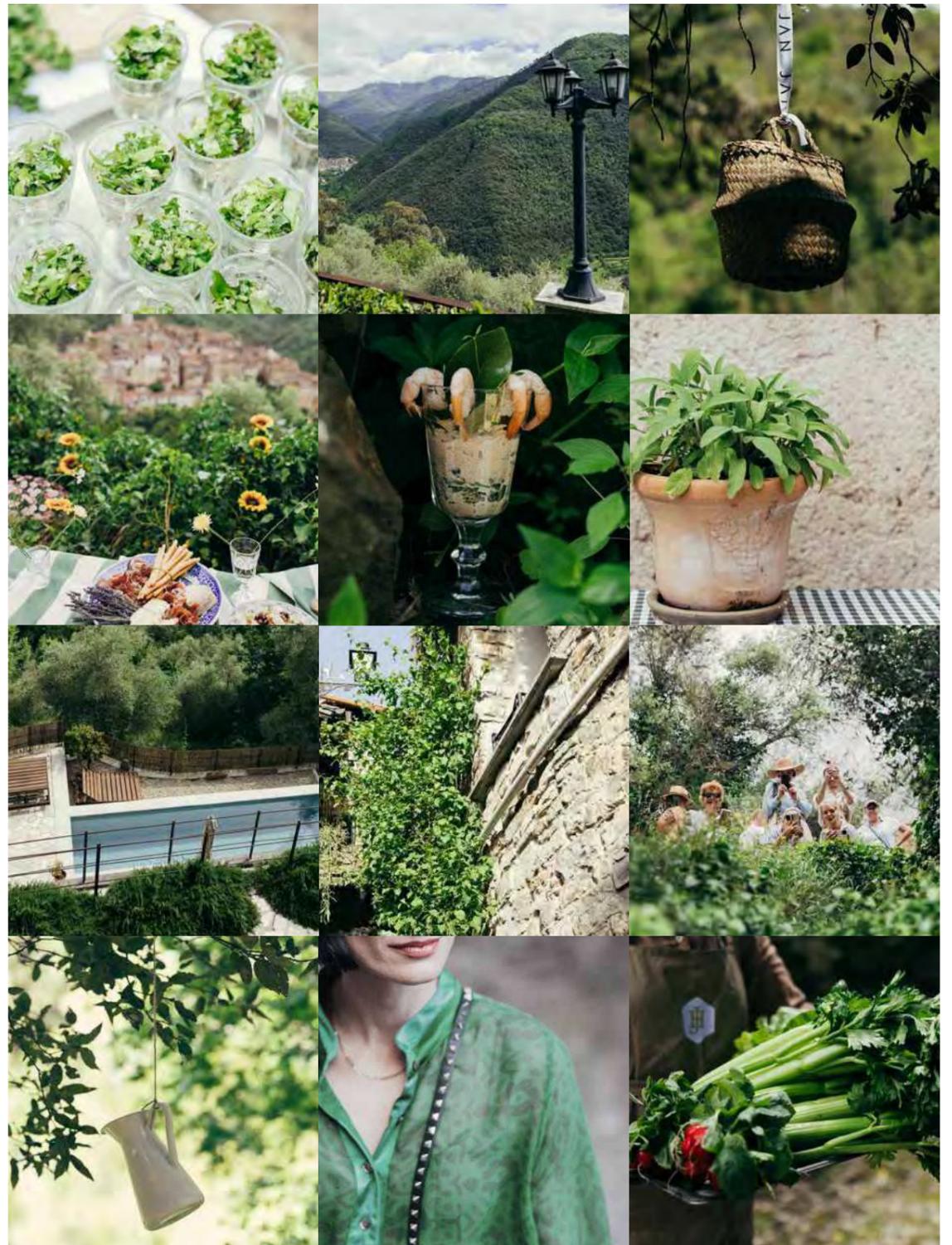
EXPLORE WITH ME



THE COLOUR OF THE SKY  
ON A CLEAR DAY.







GREEN. CLEAN. LIGHT AND SERENE.



# GUESTBOOK

*Depuis 2013*

JAN

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“I am home now in Cape Town and need to thank you, Jan and all the amazing, wonderful, fabulous people that made the time and experience in Apricale and Nice just simply out of this world. Everything was simply superb and I need to compliment you all on making this trip a trip of a life time and one that will never be forgotten. A million thanks to you all.”

**Pippa Schou | May 2024**

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“Thank you for a once in a lifetime experience, which was our trip to Nice and Apricale. Everything was above expectations. The visit to the market was an amazing experience, beautifully displayed extraordinary produce, fish, meats and pastries! Dinner at JAN was the best dinner experience of my life! We were a harmonious group and fortunate to have had the amazing chef, Marnus cooking delicious food for us, Alwijn decorating our tables beautifully and Armand as our sommelier, who explained everything in an understandable way. Our cooking sessions with you were most enjoyable and thank you for the recipes.”

**Karin von Wenzel-Obholzer | May 2024**

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“I would like to take this opportunity to thank you and your amazing team once again for an absolutely phenomenal experience. I struggle to find the words every time someone asks me how my trip was, because it was simply OUT OF THIS WORLD, an indescribable experience, in the best possible way! The attention to detail was unmatched and the whole experience, so much MORE than I had expected! I knew it was going to be special, but damn, you outdid yourselves at every possible turn. Thank you from the bottom of my heart for a trip of a lifetime, and for the memories that will forever be embedded in my heart.”

**Judy Bloomfield | May 2024**

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“Just wanted to thank you for all you did to make my time on the JAN journey an experience of a lifetime. Thanks a million and please convey my thanks to everyone on the team.”

**Ettie Allen | October 2024**

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“Dankie vir alles dit was ongelooflik! Almal van die JAN span was buitengewoon besonders. En JAN is net in 'n *league of his own*. Ek gaan verseker julle weer sien.”

**Miriam Stornkhorst | October 2024**

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“Dear Jan & Team. Nevermind the exquisite food, phenomenal service, extraordinary settings and so much more; this really was a voyage into the unravelling of our souls. The Jan Team’s consistent kindness, gentleness and generosity was only surpassed by the unrushed love and acceptance we all experienced. Again, how do we say “thank you”? This journey made my heart smile. Au Revoir”

**Sue | May 2025**

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“Dear Jan, thank you for your love. Your ability to transfer that love & passion to your staff, guests and everything you touch, is phenomenal. We have been overwhelmed with your generosity, care, open heartedness and your welcoming nature. We are truly in awe of your talent, creativity and execution. It was so beautiful to watch you push boundaries — and elevate the most simple idea & setting into a gastronomic theatre. For us all, you will always be the embodiment of love to others. You audaciously opened your heart, world, life and home to all of us. We honor your vulnerability and appreciate you more than we can express.”

**Schane, Philinha, Casper, Elaine,  
Marc, Nicole, Jeff, Ruth, Joy,  
Jill & Fiona | May 2025**

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TASTE  
WITH  
ME





# BEFORE YOU PACK YOUR BAGS

NICE, FRANCE & LIGURIA, ITALY

6-11 October 2026 | 13-18 October 2026 | 20-25 October 2026

## ROOMS

All rooms are en-suite and uniquely designed with their own features.

### Grand Suite suitable for a couple

6400 Euro per person sharing

### Deluxe Suite suitable for a couple

6300 Euro per person sharing

### Double or Twin Suite suitable for friends or a couple

5900 Euro per person sharing

### Single occupancy guests

6200 Euro

## RESERVATIONS

Because of the high demand for Jan Hendrik's experiences, we can only confirm your booking upon receipt of a €1000 per person sharing non-refundable deposit. Payments can be made by EFT. We require the balance to be settled 60 days prior to the Voyage.

## OCCUPANCY

The cost is calculated per guest, based on a double occupancy.  
Twin rooms are subject to availability.

## EXCLUDED

Return flights. Visa fees, passport fees and spending money.

## SURROUNDINGS

Due to the nature of Apricale and most medieval villages, please expect steep and uneven walkways and several stairways.

*We highly recommend that you arrive in the area a day before to acclimatise and relax.*

To make your booking please email [voyage@janhendrik.com](mailto:voyage@janhendrik.com)





# FREQUENTLY ASKED QUESTIONS

## HOW MANY PEOPLE WILL BE ON THE TOUR?

Our gatherings are small and intimate, with a maximum of 12 guests unless stipulated otherwise.

## ARE THESE GUIDED TOURS?

We take our guests to experience destinations that Jan Hendrik has discovered and revisited over his many years of living in Europe, sharing his passion for travel, food, and all things beautiful. We are not tour guides; instead, we see these experiences as sharing the beauty we've found and sometimes discovering new things together. We'll be with you throughout your stay. During leisure time and after dinner, feel free to roam about on your own.

## WHO WILL HOST THESE VOYAGES?

The JAN team will make sure you are taken care of. There will always be a JAN representative with the group on outings. Jan Hendrik will be joining and hosting a daily event, class or outing.

## WHAT IS INCLUDED?

All accommodation and meals, ground transport, demonstrations, masterclasses, JAN Team curated experiences, market visits, alcoholic and non-alcoholic beverages and entrance fees.

## WHO CAN JOIN THE RETREAT?

Anyone who enjoys travelling, culture, photography, food, wine, cobblestones and picturesque villages filled with authenticity.

## HOW MUCH SPENDING MONEY DO I NEED?

When perusing the streets, you may find something special to take home, such as a souvenir or gift. Keeping a few Euros in your back pocket is always a good idea.

## IS WELLNESS COMPULSORY TO ATTEND?

Wellness activities are not compulsory. However, participating in them can help refresh and prepare your body for a day of indulgence. No prior experience in wellness is needed. If you have any concerns, we will arrange an online session with our wellness expert before the JAN Voyage to provide more details.

## CAN YOU HELP ME WITH MY VISA APPLICATION?

While you need to apply and pay for your visa yourself, we'll point you in the right direction and send you all the necessary documents, like proof of residence while on tour.

## CAN I CANCEL MY BOOKING AFTER PAYING THE DEPOSIT?

Please see our cancellation policy.

## ARE YOU ABLE TO ACCOMMODATE MY DIETARY REQUIREMENTS?

Although we will try our best to accommodate your needs, this cannot be guaranteed by all the service providers at every gathering.

## WHICH AIRPORT SHOULD I TRAVEL TO?

We will meet our guests in Nice on the first day of the JAN Voyage, so we recommend flying to Nice Côte d'Azur Airport.

## WILL I HAVE THE OPPORTUNITY TO HAVE DINNER AT RESTAURANT JAN?

Dinner at JAN will be included as part of the JAN Voyage Itinerary.

## IS THERE AN AGE RESTRICTION?

We require travelers to be 18+ to join us on a JAN Voyage.





BRAVO, BELLO



# CANCELLATION AND REFUND POLICY

## BOOKING AND PAYMENT DETAILS

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A deposit of €1000 is required to secure your booking, with payments accepted by EFT. We require the full payment to be settled 60 days prior to the Voyage. Failure to complete the full payment on time will result in automatic cancellation unless prior arrangements have been made.

While the JAN Group strives to adhere to confirmed tour dates and itineraries, we reserve the right to make necessary changes. Any special requirements should be disclosed when making the final payment, and we'll make reasonable efforts to accommodate them.

As a traveller, it is your responsibility to have full travel and medical insurance for the entire tour duration.

## CANCELLATION POLICY

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Cancellation 60 days prior to the tour date ensures a full refund of all payments.

Cancellation 45 days prior to a tour date results in a 50% refund of all payments.

Cancellation less than 21 days prior to the tour date ensures a 25% refund of all payments.

Deposits are non-refundable.

If the tour is cancelled by JAN Group for any reason other than Force Majeure, and the cancellation is not caused by your fault or negligence, you will have the option of a full refund. If you have pre-existing medical conditions that may impact your ability to travel or participate in the tour, you must submit a medical form signed by a practitioner when the final payment is due.





YOU'VE FELT IT; STIRRING DEEP INSIDE.  
A LINGERING YEARNING FOR SOMETHING UNEXPLORED...  
SOMETHING EXTRAORDINARY, WAITING TO BE DISCOVERED:  
AN ADVENTURE OF A LIFETIME.

LET'S CELEBRATE THE BEST OF  
TRAVEL TOGETHER.  
IT STARTS HERE.

RESERVE YOUR SPACE

JOIN OUR MAILING LIST



FOLLOW THE VOYAGE ON INSTAGRAM: @JAN.VOYAGE



JAN

[janonline.com/voyage](http://janonline.com/voyage)